

SPEED SKI INFORMATION & GUIDELINES

BRITISH FIS LICENCE HOLDERS 2025 - 2026

For those of you who are new to racing at this level please read the following information carefully so that you are familiar with GB Snowsport ("GBS") processes. To seasoned campaigners there is also **new information for you**, as well as reminders of procedures.

1. RESPONSIBILITIES

In taking out a FIS licence you have agreed to certain obligations, which are mandatory for participation in FIS competitions. These include:

- a) *Signing of the FIS Waiver (Athlete's Declaration) - an acknowledgement of the risks that can exist in competitive skiing.*
- b) *Completion of Certificate of Health medical declaration form by a qualified medical practitioner which certifies that the athlete has had an appropriate evaluation of their medical health, and agreement that you will inform GBS should any change to your health occur during the season.*
- c) *Agreement that you will always be covered with necessary, valid medical insurance for racing (at least £1,000,000).
Your club affiliation to your Home Nation provides you with £1M public liability cover for racers who are resident in the UK (SSE also provide the same cover to those residing outside the UK) - your registration is not valid unless you are BASS registered.*
- d) *Agreement that you will abide by FIS policy relating to Drugs and Doping.*
- e) *Reading and understanding the FIS Rules.*
- f) *Agreement to the GBS Refund Policy for FIS Licence Holders*
- g) *Agreement to GBS FIS Licence Code of Conduct*

All policies can be found under *Governance* in the Policies and Minutes section of the GBS website under [Forms and Guidelines](#).

2. RACE PROGRAMMES & RESULTS

The FIS calendar, containing listings of international events throughout the season, can be found on the FIS website - <https://www.fis-ski.com/> There is also a FIS "app" which is available for download free of charge.

Results are posted within the events on the FIS calendar after races have taken place. The FIS website/app offers live timing for most events on the FIS calendar.

An athlete's FIS points will be calculated according to the [FIS Rules](#), and [FIS Points Lists](#) will be posted on the FIS website throughout the season. Race organisers will consider the latest FIS points lists when seeding races and creating start lists.

3. RACE CANCELLATIONS & CHANGES

According to FIS regulations, race organisers are advised to give 10 days' warning ahead of cancelling an event. If an event is deferred, then the new date must be confirmed at the time of deferral announcement. If GBS is notified about changes or cancellations to the published programmes, GBS will endeavour to relay this information to all entered athletes as soon as possible.

The FIS website shows all confirmed cancellations or changes to races: www.fis-ski.com. Races have an individual codex, which can be useful to note when tracking race cancellations or changes.

4. ENTRY PROCESS

Entries to all races listed in the FIS calendar will be made by a GBS nominated coach/representative within GB Speed Ski. Only selected athletes will be entered into World Speed Ski Championships.

Please speak to the nominated coach or official who will be making the Speed Ski entries for the season about the specific entry deadlines for each competition and notify them of your entry request well in advance of the entry deadlines. Entry fees may be applicable for each competition – GBS will not pay for any entry fees.

If you have any queries in relation to your race entries, please contact Millar Reid at Scotsspeed@aol.com.

FIS World Cup Races

Take note of the entry deadlines published in the event programmes by the organisers of each competition. These can be found within the event listing in the FIS Calendar.

Race Meeting Representation

Team Captains' Meetings ("TCM") take place in the afternoon or evening before the race to determine the programme and start list. There should be no more than two people at these meetings to represent the whole GBR entry although this is not always possible.

You should make every effort to have a presence at the TCM; organisers have the right to remove racers from the board who are not represented. You can represent yourself or your coach/parent/guardian can represent you. Please ensure you arrive at least 30 minutes before the meeting begins. If you are unavoidably detained en route, it is vital that you phone the race office to confirm your participation. Race office numbers are listed on the FIS calendar and you should take a note of the number before you travel. GBS takes no responsibility for racers being withdrawn from the start list if you are not represented at the TCM.

Further information about the TCM will be detailed in the event programme.

5. REFUND POLICY

GBS operates a **restricted refund** policy for FIS Licences.

When athletes are selecting their FIS licence type, ensure that you meet all the necessary criteria and requirements of the licence that is being applied for.

If an athlete makes a mistake and either applies for the wrong licence in error or does not meet the criteria for the licence has been applied for, the athlete may as a result be granted a licence which is of a reduced cost from the original fee paid, in this case the difference will be refunded after deduction of administration fees of 10 percent. Athletes have 21 days to apply for a refund for an application due to an error in licence type.

FIS licences are non-refundable and cannot be carried over from one season to the next in case of athlete injury during the season, or in case of an athlete deciding not to compete. FIS licences are valid only for the season during which they were purchased. FIS licences are non-transferrable to other athletes.

6. ABUSE OR MANIPULATION OF THE POLICY

Athletes are not able to enter two events which are running on the same day. FIS will penalise double entries – it is the athlete's responsibility to ensure they do not have a double entry. Any abuse or manipulation of the race entry process that results in other athletes being disadvantaged (e.g., entering races but failing to start) may result in loss of privilege, priority or even refusal by the GBS Office to enter athletes, taking part in such abuse, in subsequent races or suspension of FIS licence. Measures under this clause will be at the discretion of the GBS Head Coach.

FIS and GBS are able to obtain full listings from the FIS website of licence holders who:

- make double entries
- do not show up for events
- do not start second run

This information will be used in the implementation of any disciplinary sanctions.

It contravenes FIS rules to enter more than one race on the same day and double entries that we identify will not be made by GBS. It is also important that withdrawals and cancellations should be communicated directly to GBS as quickly as possible. Repeated breaches of these regulations, shown up by the FIS Database, will result in disciplinary action.

Discipline & Sanctions

All FIS licence holders are expected to have read and be bound by the International Ski Federation (FIS) rules (www.fis-ski.com), the rules of the competition entered for and

GBS FIS licence information and guidelines.

The following sanctions may be imposed by GBS:

- I. Non-attendance at pre-entered races without prior notification to GBS/or race organisers or failure to remove name from start list if not competing in an event or failure to start second run, unless for medical reasons.
- II. Entering athletes directly at the TCM who are not listed as on the final entry submitted to the organisers by GBS.

For the athlete

First occasion	Warning
Second occasion	One month suspension of licence
Third occasion	Suspension of licence for remainder of season

- III. Making entries and then regularly making a withdrawal at short notice (possibly preventing other licence holders from entering).

Entries will only be made for events that are not oversubscribed by British FIS licence holders.

- IV. Actions or behaviour that are considered breaches of discipline.

Suspension of licence for a period relative to the seriousness of the incident.

Appeals can be made against any sanction. These should be addressed to the Board of GBS.

7. COMPETITION EQUIPMENT & COMMERCIAL GUIDELINES

FIS provide [guidelines](#) on its website relating to sizes and style of permissible commercial markings on competition equipment.

Extract from [FIS Rules](#):

2.6 Helmets and Headgear

2.6.1 Helmets and headwear may carry two commercial markings of the manufacturer with a maximum size of 15 cm² , one on each side, placed above or below the ears. The front of helmets and headwear may only be used for the emblems of national teams, and sponsors, subject to art. 2.6.2 and 2.9.

2.6.2 The front (middle) of helmets and all headwear worn in competition and within the competition area, to include flower and prize-giving ceremonies, interviews etc., must carry the identification of the National Association with a minimum size of 6 cm² .

2.6.3 Helmets and headgear worn in competition may carry the name of an athlete. The athlete's name with a maximum size of 20 cm² must be placed at the back of the helmet or, on the rear of a hat/headband for Cross-Country, Nordic Combined, namely when a helmet is not worn. The athlete's name can only consist of the full name of the athlete in a standard font and size defined

by FIS which will be the same for all athletes (currently font Arial and size max. 20 cm2).

Further information on FIS guidelines regarding specifications around competition equipment e.g. boots, skis, bindings, poles, ski suits, helmets etc. can be found in the [International Competition Rules](#) document.

8. ANTI-DOPING

Application of Anti-Doping Rules

The UK Anti-Doping Rules shall apply to and shall bind all Athletes and Officials under the jurisdiction of GBS. Those to whom these Rules apply include:

- All Athletes and Officials who are members of, or licensed by GBS, including all GBS Teams and GBS Squads;
- All Athletes and Officials participating in Events, Competitions and other activities organised, convened, authorised or recognised by GBS;
- All Officials working with, treating or assisting an Athlete participating in a professional or sporting capacity; and
- Any other Athlete or Official who, by virtue of an accreditation, membership, licence, contractual arrangement or otherwise, is subject to the jurisdiction of GB Snowsport for the purposes of anti-doping, whether or not such person(s) is or are resident in the UK.

More information on UK Anti-Doping Rules and Violations can be found [here](#) (Rules) and [here](#) (Violations).

Written Agreement Provisions

Athletes shall be deemed to have made themselves familiar with, and hereby agrees to be bound by the UK Anti-Doping Rules and to submit to the authority of UK Anti-Doping and any other appropriate body in the application and enforcement of those Rules.

Disciplinary Actions

Athletes must cooperate fully with any anti-doping investigations or proceedings, whether conducted by UK Anti-Doping or any other competent body. Failure to do so without acceptable justification may be treated as misconduct under the Code of Conduct.

If an Athlete commits an act of misconduct that relates to anti-doping but does not amount to a violation of the UK Anti-Doping Rules, GBS may bring disciplinary proceedings against that Athlete for such misconduct under Clause 6 of the Code of Conduct.



9. INJURIES & INJURY STATUS

When a FIS competitor injures him/herself and applies for the single penalty, the National Association (GBS) must apply to FIS as soon as possible for approval using the official form and submitting a medical certificate. It is the responsibility of the athletes to inform GBS of their injury.

The application of injury status is valid for one season and you must be inscribed on the FIS list for your injury status to be active e.g. if you are injured near the end of the season then you should renew your FIS licence for the following season and apply for continued injury status.

You can only apply for injury status up until 30th April.

For more information about going on Injury Status, please speak directly to the Head Speed Ski Coach, Millar Reid scotsspeed@aol.com.